



**ImaginePublicity** ... PO Box 14946 ... Surfside Beach, SC 29587... 843.808.0859  
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Dear Editor/Producer:

**About 57% of teens know someone who has been physically, sexually, or verbally abusive in a dating relationship.** *(Liz Claiborne Inc., Conducted by Teenage Unlimited.)*

## SUSIE KROLL

### Teen Dating Violence Education and Prevention



“Domestic Violence isn't just an "Adult" issue. It starts early and it's called Teen Dating Violence. My passion is educating Teens, Parents, and the public about Teen Dating Violence & Healthy Relationships. Teen Dating Violence, Relationships, and Popular Culture are interwoven to create a very confusing environment for Teens and Parents to navigate. Read. Learn. Think. Discuss. Together we can prevent Teen Dating Violence.”

In the realm of teen dating violence, Susie Kroll promotes the concept that healthy teen dating relationships will translate into strong and healthy adult relationships. Susie strives to educate both teens and adults about the seriousness of teen dating violence. She specializes in speaking about Teen Dating Violence and Healthy & Safe Dating. She conducts workshops, keynotes, trainings, and seminars on issues specifically related to teens and their relationships. Related topics to Teen Dating Violence include setting boundaries, safe dates, the Dating Bill of Rights, Cycle of Violence, early warning signs of teen dating violence, teen empowerment, and the differences between healthy and potentially destructive dating relationships. Because most domestic violence relationships that end in fatalities start in high school (Washington State Fatality Review Board), she feels it a vital necessity to reach out to teens and work toward prevention and safety.

Teen Dating Violence is the abuse that usually transforms itself into Domestic Violence. First, it is important to define abuse.

Abuse is a pattern of behavior where one person tries to control the thoughts, beliefs, or conduct of a lover, friend, or any other person close to them. It can include a cycle of violence in the forms of physical, emotional, sexual, verbal, spiritual, and/or economic abuse.



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Abuse, also called battering, domestic violence, and/or dating violence happens in straight, gay, lesbian, bisexual, transsexual, questioning, and transgendered relationships. It crosses all social, ethnic, racial, and socio-economic lines. An individual's size, strength, politics, and/or personality DOES NOT determine whether he or she could be an abuser or a victim.

Over the last 6 years Susie has consulted with business owners about organization and taught seminars on effective communication and public speaking.

Susie regularly spends time helping with domestic violence related activities at Domestic Violence Services of Snohomish County and at Providence Intervention Center for Assault and Abuse. She has had affiliations with LeTip International in the capacity of Vice President and President of her local business networking chapter.

Susie frequently volunteers with organizations that serve domestic violence victims and their families. Currently she lends a hand with youth support groups and at her local shelter. Susie also works with victims of sexual assault and abuse by serving as an Advocate with Providence Intervention Center for Assault and Abuse where she responds to local ER's and provides advocacy for sexual assault victims and advocacy via a 24-hour emergency hotline.

**SUSIE KROLL is available for national and local media interviews. Please call us at your earliest convenience to discuss media opportunities.**

Sincerely,

Delilah Jones, President

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## **For Immediate Release**

### **“Ask the Experts” Columnist, Susie Kroll in Reasons To Be Beautiful Magazine**

**New website, new look, same magazine for genuine women!  
Susie Kroll featured in latest edition.**

*Jun 22, 2011...*Reasons To Be Beautiful has launched their new campaign to present the best information possible to young women. It's not just a fashion magazine filled with make-up tips, although fashion and make-up hold their positions there, it's much more than that. The mission of [Reasons To Be Beautiful](#) is to make you feel great about yourself, whoever you may be.

Within the pages you will find “Ask the Experts!” The staff has carefully chosen experts in their fields to answer reader's questions about a variety of topics, one of which is Dating Violence and Healthy Relationships with Susie Kroll. Kroll writes about these issues on her blog and shares some startling statistics that bring up a shocking reality: more than half of all teens know someone who has been physically, sexually, or verbally abused in a dating relationship. Combine these statistics with 81 percent of parents that either believes teen dating violence is not an issue or admit that they do not know if teen dating violence is an issue.

In her first column [Susie Kroll](#) is interviewed by a staff member and briefly goes over her background and reasons why she chose this field. Also in the article are questions from readers and signs to look for if you suspect a friend is dating someone who is being violent towards them, along with advice on what to do.

Based in the beautiful Pacific Northwest, Susie frequently volunteers with organizations that serve domestic violence victims and their families. Currently she lends a hand with youth support groups and at her local shelter. Susie also works with victims of sexual assault and abuse by serving as an Advocate with Providence Intervention Center for Assault and Abuse where she responds to local ER's and provides advocacy for sexual assault victims and via a 24-hour emergency hotline.

If you have a question that you would like Susie Kroll or any of our other experts to answer, send it to [askRTBB@gmail.com](mailto:askRTBB@gmail.com) and your question may be featured in the next edition of Ask the Experts.

[Reasons to be Beautiful](#) is a true interactive magazine representing real, beautiful, unique women in real situations.

Take a look at the new look! Check back daily for new news!

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## ABOUT SUSIE KROLL

In the realm of teen dating violence, Susie promotes the concept that healthy teen dating relationships will translate into strong and healthy adult relationships. Susie strives to educate both teens and adults about the seriousness of teen dating violence. She specializes in speaking about Teen Dating Violence and Healthy & Safe Dating. She conducts workshops, keynotes, trainings, and seminars on issues specifically related to teens and their relationships. Related topics to Teen Dating Violence include:



- setting boundaries,
- safe dates,
- the Dating Bill of Rights,
- Cycle of Violence,
- early warning signs of teen dating violence,
- teen empowerment,
- The differences between healthy and potentially destructive dating relationships.

Because most domestic violence relationships that end in fatalities started in high school, she feels it a vital necessity to reach out to teens and work toward prevention and safety.

In the context of domestic violence, Susie aims to educate listeners on what Domestic Violence is, how the abuser uses power and control, and what tools the abuser uses to maintain their power and control. She also discusses the myths surrounding Domestic Violence and answers the question, "Why don't you just leave?" Susie can combine these elements into one presentation or highlight a single topic for an in-depth presentation, keynote, or workshop.

In both Domestic Violence and Teen Dating Violence, Susie speaks with compassion, approachability, knowledge, and energy. Her presentations are layered with a truly touching, amazing, and powerful story about "Jessica," a friend that came into her life and ultimately survived a harrowing escape from the abuser bent on killing her.

Susie earned a BA in Speech Communication from the University of Washington. She has spoken to a myriad of audiences on varying topics related and unrelated to Domestic Violence and Teen Dating Violence. These topics include business communication, teaching public speaking workshops, giving scientific presentations to area junior high and high school science classes and in an academic capacity. Most recently Susie has spent her time speaking to local high school and



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junior high school students and community groups about Teen Dating Violence and prevention. She has also been a participant of Toastmaster's International.

Over the last 6 years Susie has consulted with business owners about organization and taught seminars on effective communication and public speaking.

Susie regularly spends time helping with domestic violence related activities at Domestic Violence Services of Snohomish County and at Providence Intervention Center for Assault and Abuse. She has had affiliations with LeTip International in the capacity of Vice President and President of her local business networking chapter.

Susie frequently volunteers with organizations that serve domestic violence victims and their families. Currently she lends a hand with youth support groups and at her local shelter. Susie also works with victims of sexual assault and abuse by serving as an Advocate with Providence Intervention Center for Assault and Abuse where she responds to local ER's and provides advocacy for sexual assault victims and advocacy via a 24-hour emergency hotline.

#### **More about Susie Kroll:**

- BA speech communication (info transfer and communications, not speech therapy) from University of WA
- BS Zoology w a marine emphasis at University of WA
- Masters in counseling psychology (to be completed 2014).
- Completed training as sexual assault/child sexual assault advocate from Providence Intervention Center for Assault and Abuse. Was an advocate for victims in county's ER's.
- Completed training with Domestic Violence Services of Snohomish County to be a volunteer in the confidential shelter, kids support groups, and as speaker for Teen Dating Violence for the last 2 years...primarily in high school and junior high schools.
- Participant in Toastmasters International.
- Hobbies include spending time w husband and our 2 golden retrievers, singing, and gardening/landscaping.

#### **Topics for Speaking Engagements, Workshops and Events:**

- Teen Dating Violence and Healthy Relationships
- Technology, Teens, and Safety with their Cyber Reputations
- Domestic Violence/Teen Dating Violence in Pop Culture and the Media

[Previous Speaking Engagements/Events](#)

#### **Connect with Susie Kroll online:**

WEBSITE: [www.susiekroll.com](http://www.susiekroll.com) BLOG: ["Teach Our Teens and Save Their Lives"](#)

Susie is also a contributing writer to the victim's rights blog ["Time's Up!"](#)



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## Suggested Interview Questions

1. What encouraged you to work with intimate partner violence?
2. How do you know if a friend or family member is being abused?
3. What can you do for someone who is being abused?
4. How prevalent is violence in today's dating scene?
5. Is it always girls who are the target of abuse, or are boys also abused by girls they may be dating?
6. What kind of signs should someone look for that may tell that someone is being abused?
7. What can schools and organizations do to better educate young people?
8. What does a "healthy relationship" look like?
9. Do teens tend to not confide in parents? Who are they confiding in?
10. How hard is it for someone to leave an abusive relationship? What should they do to keep safe?
11. Do violent relationships sometimes end in death or suicide?
12. How important are awareness and education campaigns?
13. Are there hotlines or organizations set up to assist teens and young people?
14. What positive role models should teens seek?
15. How has television and the internet influenced dating relationships?